

# Salt And Light

Becky Buller, *Goodnight Sparky Music, BMI*  
Mark Simos, *Devachan Music, BMI*

You ask us for salt  
Salt from the sweat of our brows  
From the ancient sea water  
That flows through our veins  
You call upon us  
To have salt in ourselves  
Be at peace with each other  
In joy and in pain

You ask for light  
Light from the depths of our hearts  
For the lamp of the spirit  
Held high to be seen  
You bid us to walk  
Amid shadows of fear  
To illumine the darkness  
And those caught between

Chorus:     Salt and light  
              Woven light body and soul  
              Salt of the earth  
              Light of the world  
              Make us whole

You ask us to give  
Give to each other in love  
With humble abandon that seeks no reward  
That we learn to live  
In this realm yet not of  
Looking toward the horizon  
While standing on shore

Chorus:     Salt and light  
              Woven light body and soul  
              Salt of the earth  
              Light of the world  
              Make us whole